CYCLING EXPERIENCE 2027

7 days - 6 nights - 4 RIDES
Fully refurbished Neptuno Hotel & SPA**S**
www.hotelneptuno.com

From Neptuno hotel, we offer a variety of easy cycling experiences that are designed to enjoy the landscapes at a leisurely pace. With our experienced guide, you will be visiting the beautiful Catalan Coast, the lush green forest, colorful meadows and medieval villages of the Catalan countryside. Along quiet backroads and cycle paths, we will explore Catalonia's rich cultural heritage and exquisite gastronomy.

An unforgettable stay for your group at the excellent, family-run Neptuno Hotel & SPA****S in Calella, the ideal location for a stay in Catalonia, just 49 km from Barcelona.

Included

- Meet & Greet on arrival day with the local guide at the airport
- Professional and very friendly welcome at Neptuno Hotel with Cava and snacks
- Mandatory tourist tax per person/day
- 6 x half-board buffet at Neptuno Hotel & SPA****superior in Calella in Standard rooms (without balcony).
- 3 x picnic (sandwich+water+fruit)
- Rental bikes
- Transfers of the bicycles when required according the programmed
- (Day 1 and 7) Bus from/to airport (Day 3). Bus from Barcelona to Calella (Day 5). Bus Calella - Olot & Girona-Calella (Day 6). Bus Calella-Calella Palafurgell-hotel.
- 1 Lunch Menu in a Restaurant in Calella de Palafrugell including: starter, main course, dessert and ¼ water and wine per person
- 1 Local cycling guide for 4 cycling excursions
- Water and fruit for the cycling trips
- Accidents insurance during the outdoor activities per each person taking part in the cycling activities

Not included

- Extra drinks and food not described in the programme
- Optional Items
- Entrance fee to the Botanical Garden Mar i Murtra not included, 12€ per person. Can be purchased individually for day 2

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Day 1 Arrival

Your local guide will pick you up at the airport for a meet & greet and on the way back to the hotel (1h) he/she will explain you the pregame and you will have time to ask questions. At your arrival, the hotel staff will welcome you with some cava and snacks at our terrace and proceed with check-in. Dinner and accommodation.

Day 2 Calella-Tordera-Blanes-Calella

- Distance: 48km
- Climbing: 183m
- Transfer: No needed

Description: Our first day of cycling is a circular tour that starts and ends at our hotel. We cycle through fields and then along the river Tordera and its delta at the coast. From Tordera we cycle to Blanes, a beautiful coastal village where we will have time to visit the fishing harbour and the Fish Auction. A short climb takes us to the fantastic panoramic view passing the botanical Garden of Mar i Murtra to arrive at a hidden creek of Cala Bona We cycle back through fields and along the coast to our hotel.

Day 3 Coast of Barcelona- Sant Pol-Arenys and the fishing Harbours and Mondernism

- Distance: 55km
- Climbing: 100m
- Transfer: 1 way, return from Barcelona to Calella-Hotel.

Description: We leave Calella by the side path along the National road with outstanding views over the beach and cliffs to follow the sea side villages of Sant Pol, Canet de Mar and its Modernism heritage, Arenys with his very famous fishing Harbour and

Llavaneras with the big private Yachts and very charming atmosphere, continuing pedaling along the Mediterranean breeze to the entrance of Barcelona city, returning by transfer.

Day 4 Leisure day

Today there is no excursion planned but there are plenty of things to see and do to enjoy the day: relax at one of the hotels´s pools, enjoy the spa, the beach or visit Barcelona or Girona.

Day 5 Olot- Girona: the green way cycle

- Distance: 60 km
- Climbing: 188m
- Transfer: Calella-Olot, 1,30 h and Girona-Calella,Hotel 45 m

Description: we take the transfer to the village of Olot (1h30min). We cycle along the green way (an old railroad that is now a cycle path) through fields, surrounded by old volcanoes that are now covered in thick Mediterranean forest. We go through many villages, old railway stations, Mediterranean forests until we arrive at the historic city of Girona, which we will visit on foot. Transfer back to the hotel (45min).

Day 6 Calella de palafrugell- The wild coast and Medieval villages

- Distance: 38km
- Climbing: 287m
- Transfer: Calella-Calella de Palafurgell 1 h, and back to the hotel 1 h

Description: We take a transfer to Calella de Palafrugell (1h) and we start our circular route in the village of Palafrugell. We cycle inland, to discover the fantastic medieval villages of Peratallada and Pals. We cross sunflower fields, rice fields, Mediterranean forest and have great panoramic views over the Mediterranean Sea. We end our tour in the beautiful village of Calella de Palafrugell, at the coast. We will have lunch at the beach in a typical Spanish restaurant.

Day 7 Departure

After a week of cycling and experiencing some of the most beautiful places of Catalonia, it is time to say goodbye.

Level & Bikes

All itineraries are easy, for all cyclists. The terrain is a combination of asphalt and gravel. We cycle on backroads and cycle paths. There are some climbs but for the most part the terrain is flat.

Bicycles:
Our rental bikes are equipped with panniers, a lock, and a helmet

Trekking Hybrid bike

Ebike

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- Ebike Suplement: 75€ (for the 4 days)
- Gravel Suplement bike 75€ (for the 4 days)
- Road Bike Suplement 75€ (for the 4 days)
- SPD pedals Suplement 10€ (for the 4 days)

Remarks: Guided visit with wine tasting in Mas Oller in Palafrugell DO Empordà, has to be purchased for the whole group for day 6

Accommodation

Neptuno Hotel & SPA in Calella: https://www.hotelneptuno.com/en/

See photo gallery here https://www.hotelneptuno.com/en/gallery/

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